

The Goal of This Symposium

African Americans often times seem to get the short end of the stick when it relates to healthcare. They continue to experience poorer health across a wide range of diseases and conditions. Many times, we are not aware of the choices we have when it comes to managing our healthcare.

The goal of the symposium is to address disparities in health and to seek ways to reduce early death in the African American community in Pittsburgh. Individuals should learn what they can do to improve their health. They should become educated about the conditions that have a higher burden of illness in African Americans.

This will be accomplished through direct communication between healthcare experts, community leaders, and the people they serve. On-site health screenings will be available free of charge.

Who Should Come:

Mothers • Fathers • Brothers and Sisters
Teenagers • The Community

Free Health Screenings

On-site health screenings will be available free of charge for:

Blood Pressure • Blood Glucose • Cholesterol
PSA • and Bone Density



Gateway Medical Society
"Closing the Gap"

1835 Centre Avenue
Pittsburgh, PA 15219

**GATEWAY MEDICAL
SOCIETY
&
NAACP-PITTSBURGH**

presents

Heal Thy Self:

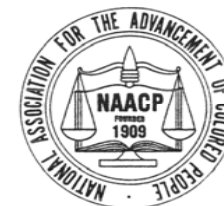
Take Steps To A Healthier Life

Sat., Sept. 15, 2007

8:00 AM - 1:00 PM

Herberman Conference Center
5150 Centre Avenue, 2nd Floor
Pittsburgh, PA 15232

*Parking Provided Across the street from the
Hillman Cancer Center*



GMS
Gateway Medical Society
"Closing the Gap"

FREE TO ALL

Meals and Health Screenings
will be provided free of charge.

Tel: 412-281-4086

HEAL THY SELF:

Take Steps To A Healthier Life

Workshop Presenters:

Christopher Allen, MD
Cardiology

Helen Anolo, MD
Oncological Surgery

Cynthia Ayers, MD
Internal Medicine

Robert Bennett, MD
Cardiothoracic Surgery

Christopher Conti, MD
Emergency Medicine

Steven Evans, MD
Oncological Surgery

Dawna Woodyear, MD
Internal Medicine

Catherine Udekwa, MD
Pediatrics

Panel Discussion Presenters:

Marla B. Johnson, PhD
HIV/AIDS

Anne Laforte-Moore, MD
Psychiatry

Timothy Reese, MD
Family Medicine/Substance Abuse



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HIV/AIDS & Mental Health

A Panel Discussion

This session will address the HIV/AIDS and substance abuse crisis in Pittsburgh's African American community. The discussion will also discuss important cultural differences in approach to care and treatment of some common mental health disorders: ADHD and Depression.



Our Sponsors:

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NAACP - PITTSBURGH

2203 Wylie Avenue
Pittsburgh, PA 15219

412-471-1024

M. Gayle Moss
President, NAACP-Pittsburgh

Taru Cook
Chair, Health Committee, NAACP

GATEWAY MEDICAL SOCIETY

1835 Centre Avenue
Pittsburgh, PA 15219

Phone: 412-281-4086

Anita Edwards, MD
President, Gateway Medical Society

Christopher Allen, MD
Vice-President, Gateway Medical Society

Margaret Larkin-Pettigrew, MD
Program Chairman

Heal Thy Self:

Take Steps To A Healthier Life

REGISTRATION FORM

I would like to register for the two (2) following workshops:

- Cancer Facts: What Every African American Man Should Know**
Presented by Helen Anolo, MD
- Cancer Facts: What Every African American Woman Should Know**
Presented by Steven Evans, MD
Learn how to prevent some cancers and why early diagnosis and treatment is important.
- Diabetes and the Metabolic Syndrome**
Presented by Cynthia Ayers, MD and Dawna Woodyear, MD
Learn the signs of the metabolic syndrome and prevention of diabetes and its complications.
- How Does your Heart Work?**
Presented by Christopher Allen, MD and Robert Bennett, MD
Learn the signs of the heart attack and prevention of heart disease and its complications.
- Teen Update**
Presented by Christopher Conti, MD and Catherine Udekwa, MD
Learn the latest information on teen health issues, immunization, depression, and emergency issues of teens.

Name _____

Address _____

City State Zip _____

Email _____

Phone _____

Meal Selections:

- Continental Breakfast Only Both
- Lunch Only

Register online at
www.gatewaymedicalsociety.org,
by telephone:412-281-4086
or return form to the
Gateway Medical Society office
by September 11, 2007

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